

# Five easy steps to recycle food waste

**1** Check you have your new food waste recycling kit:



10-litre caddy for the kerbside box

1 roll of biodegradable caddy liners

Some people prefer to use a smaller container of their own choosing in the kitchen and the larger one outside.

Seven-litre caddies are available from Stirling Council on request, or you can check our website [www.stirling.gov.uk/waste](http://www.stirling.gov.uk/waste) for other options.



**2** Line your kitchen caddy with one of the compostable liners provided as a starter supply. You may wrap food waste in paper, or leave the caddy unlined if you prefer.



**3** Put plate scrapings, meat, bones, fish and other food waste into the caddy.



**4** Add food waste as it arises. When the caddy is full, tie the liner (or fold over the newspaper) and close the lid. Moving the handle from the back to the front will lock the caddy.



**5** Put the closed caddy into your recycling box and present weekly at the kerbside for uplift.

## Yes Please

- ✓ Cooked and uncooked food
- ✓ Fruits and vegetables
- ✓ Meat and fish, bones and skin
- ✓ Uneaten food (plate scrapings)
- ✓ Cheese and other dairy products
- ✓ Eggs and egg shells
- ✓ Bread, cakes and pastries
- ✓ Rice, pasta, beans and cereal
- ✓ Tea bags and coffee grounds
- ✓ Newspaper / biodegradable liners
- ✓ Cat and dog food
- ✓ Used kitchen roll / paper tissues



Food can also be wrapped in newspaper and placed in your caddy.

## No Thanks

- ✗ Plastic bags
- ✗ Packaging of any kind
- ✗ Foil or Cling film
- ✗ Food and drink boxes
- ✗ Glass or plastic bottles
- ✗ Tins or cans
- ✗ Pet litter
- ✗ Nappies

## Please remember

- Rinse your caddy between collections to keep it clean.
- Your food waste caddy and recycling box are emptied by hand.
- Please do not put loose bags or loose food (not in a caddy) into your box.

**Please do not** use carrier bags to line your caddy. We cannot empty the food waste caddy if it contains anything on the 'No Thanks' list, including plastic bags and packaging.

# Food Waste Questions

## Can I reduce my food waste?

**Yes!** The very best way to deal with food waste is not to create it in the first place. Around one-third of all food purchased in Scotland ends up in the bin, and approximately half of that could have been eaten. For help with buying what you need, storing food, preparing it and recipes for leftovers, please visit Love Food Hate Waste at [www.wasteawarelovefood.org.uk](http://www.wasteawarelovefood.org.uk). You can also choose to compost food waste at home, if you prefer. To purchase a subsidised compost bin call, **0845 600 0323** or visit [www.wasteawarescotland.org.uk/html/compost.asp](http://www.wasteawarescotland.org.uk/html/compost.asp).

## How can I use the new food waste collection system for any food waste I do have?

Place a biodegradable liner (starter pack supplied) in the caddy and simply add your food wastes while preparing meals or whenever they arise. See the 'YES PLEASE' list on the inside of this leaflet for what you can include. Every week, on your collection day, **place the whole caddy in your recycling box**. The box should be left at kerbside for emptying as usual.

## Won't the bin smell? What about vermin?

A weekly food waste service will remove the materials most likely to smell from your grey bin. The food waste caddy can be stored indoors or outdoors without risk of it being broken into by vermin. Placing it inside your recycling box will further protect the caddy and make it easier for collection crews to empty. Wrapping the food waste in paper prior to putting it in your bin will help soak up any liquids. Regularly cleaning your caddy will also help to prevent smells.

## What if I need another recycling box or kitchen caddy?

Additional recycling boxes, box covers and kitchen caddies are available at no cost to you, if needed. Smaller grey caddies for indoor use also can be supplied on request. Call **0845 277 7000** to have one delivered. The council does not supply additional biodegradable liners.

## How can I get more biodegradable liners?

Twenty liners are supplied for free. If you run out and would like to keep using them, additional 100% biodegradable liners can be purchased from [www.recyclenow.com](http://www.recyclenow.com). They are listed under home composting accessories. Contact us for a list of other local suppliers and details of liners you are allowed to use in this scheme. You can use a liner purchased in a supermarket or garden centre as long as it has this 'fully compostable' symbol on it. (Shown at right)



## What if I don't want to buy more liners?

It is OK to wrap your food waste in paper, instead of using liners. You can also choose not to use a liner at all, but the caddy will require regular washing. Please do not use plastic bags to line your caddy. We cannot accept them because they cannot be composted and will contaminate the load.

## I don't have time to recycle - why should I have to do this?

This service is easy if you follow our advice. All you need to do is save your food waste in the caddy instead of your usual grey bin and put it out in your recycling box for collection. By taking part in the scheme you will be directly helping to reduce greenhouse gas emissions, as well as helping the council avoid landfill taxes and potential fines for sending biodegradable waste to landfill.

If you need this information in large print, Braille, audio or in another language please contact 0845 277 7000 and quote reference number 8114.

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**Reduce Reuse Recycle** let's get it sorted

[www.wasteawarescotland.org.uk](http://www.wasteawarescotland.org.uk)



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Stirling Council Environment Services

# Weekly Food waste Collection



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